



# Stop bed bugs!

You can help keep bed bugs out of your home. Follow these simple steps to prevent and reduce bed bugs in your home.

**STOP**  
Pests  
in housing  
www.StopPests.org

Northeastern  
**IPM**  
Center

## Don't



Don't use sprays or bug bombs



Don't give them hiding spots

Don't be embarrassed to ask for help



Don't take furniture off the street



Don't store stuff under your bed



## Do



Vacuum the bed



Wash bedding regularly



Report signs

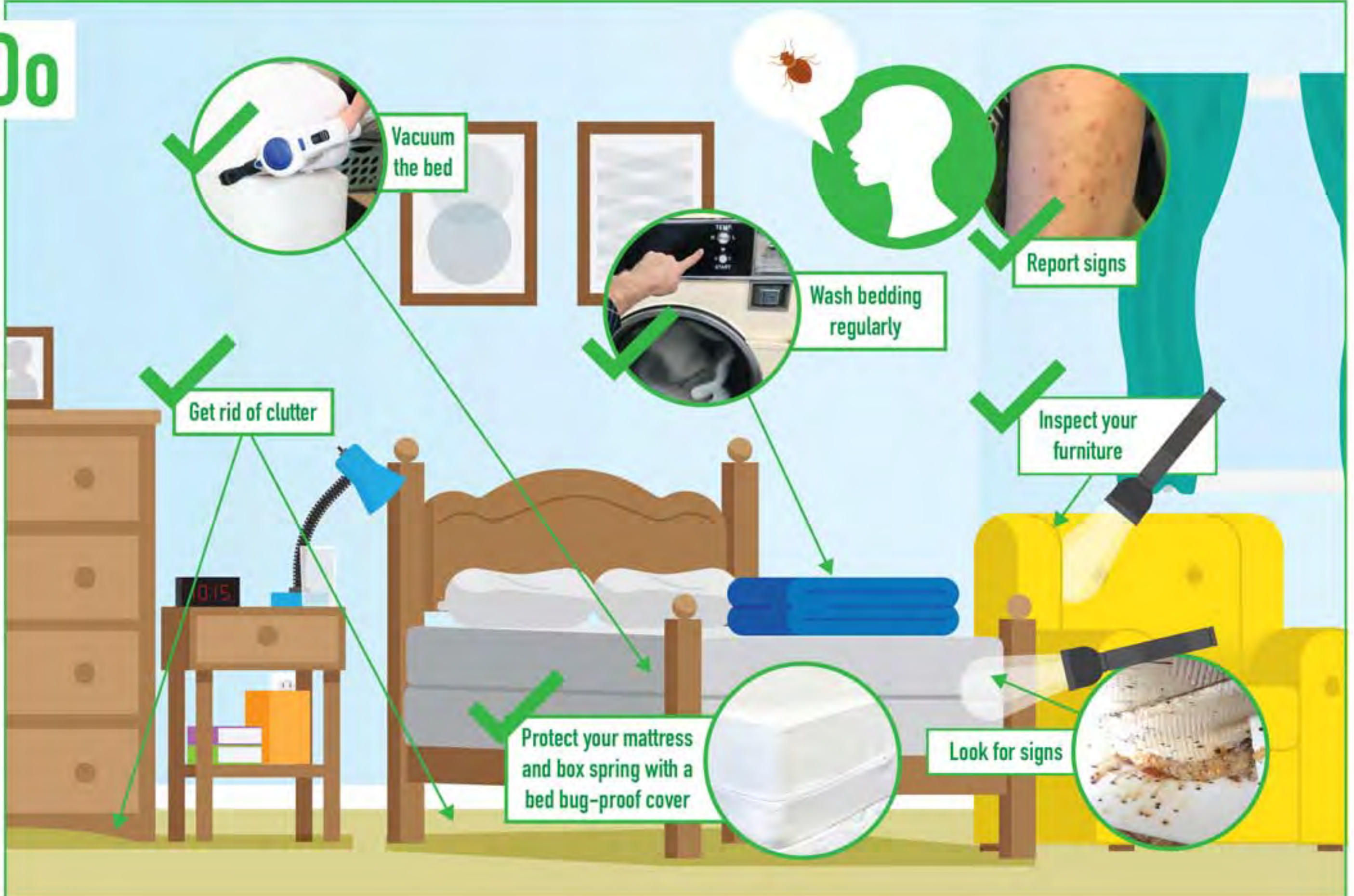
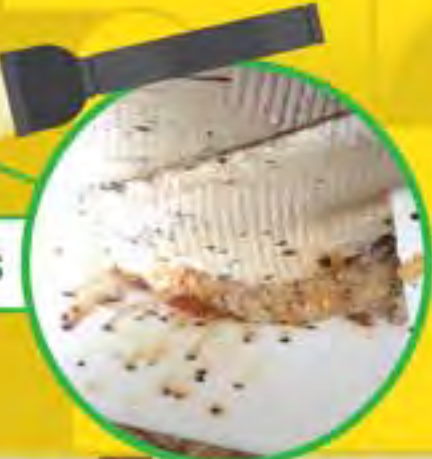
Get rid of clutter

Inspect your furniture

Protect your mattress and box spring with a bed bug-proof cover



Look for signs





# Look for signs of bed bugs



Multiple life stages on a nickel



Use a flashlight



Use traps



Fecal spots



Bites



Live or dead bugs and eggs



Shed skins

Call your property management office or landlord if you see any signs.

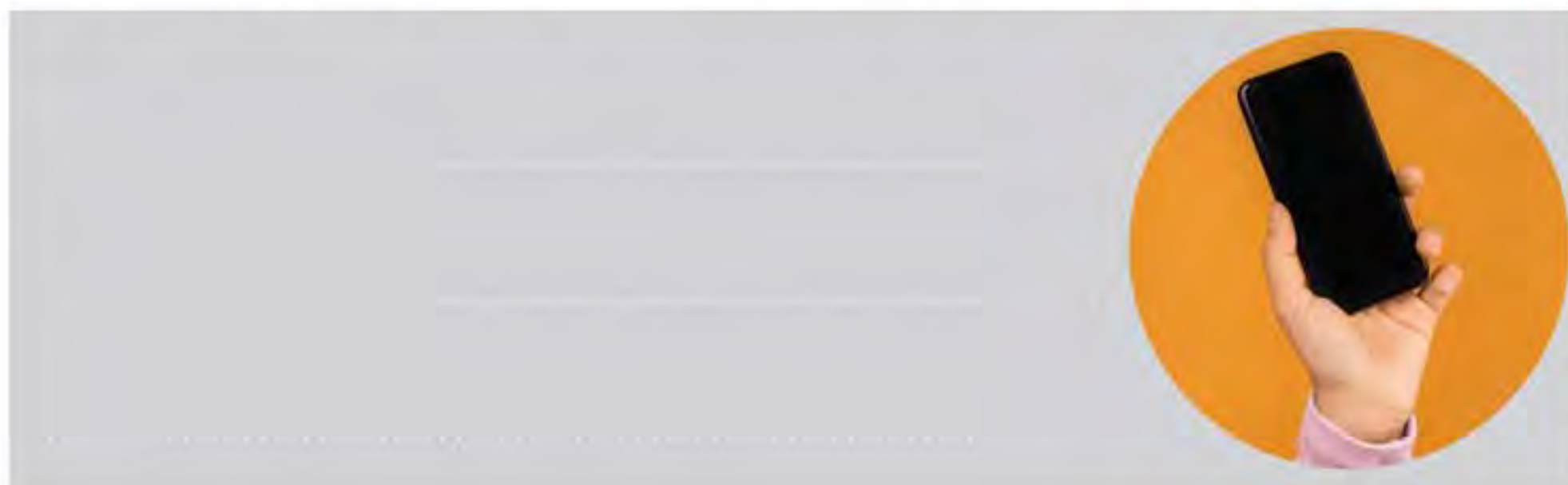


Photo credits:

Bed bugs and egg: Dong-Hwan Choe, Department of Entomology, University of California, Riverside

Scale: Whitney Cranshaw, Colorado State University, Bugwood.org

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